



Stroke in Younger Adults

[MUSIC]

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Strokes are on the rise among younger people, especially patients who have high blood pressure, who have diabetes, obesity, patients who do IV drug use, have obstructive sleep apnea – these patients tend to have a higher risk for stroke.

It's very important to go to your primary care provider at least once a year to make sure everything is ok with you. Definitely be in touch with your primary care provider.

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