

# Fresh RX for MOMS



## WHAT IS FRESH RX?

Participants will receive 40 weeks of fresh meal kits delivered directly to their doorstep. Kits will include \$24 each week in fresh fruits, vegetables, proteins, and grains purchased directly from Allen County. Cooking kits will also be provided with the first delivery which will include a: cook book, sheet pan, cast-iron skillet, knife, vegetable peeler, cutting board, mixing bowls, measuring cups, measuring spoons, and spatula.

## WHO QUALIFIES?

1

### LOCATION

Participants must live in Allen or Warren Counties.

2

### PREGNANCY

Participants must be pregnant and register before 32 weeks gestation.

3

### MEDICAID

Participants must be enrolled in Medicaid.

4

### PROVIDER

Participants must be attending regular visits with a physician or midwife.



Scan Me



NEED MORE ACRES

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