



Med Center Health®

[VIDEO TRANSCRIPT]

Flu Vaccine with Dr. Santos

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With the flu vaccination rate still down, I would actually urge people to get vaccinated against the flu because this is the flu season. Especially with our current pandemic, protecting ourselves both with the flu and the COVID-19 vaccination will help not just oneself but also your community, as well.

Some people have the misconception that flu vaccine can cause the flu. I would like to say that no, that does not happen. The flu vaccine is from an inactivated virus; so, the chances of you getting the flu from this vaccine is zero.

You can take the COVID-19 vaccination and the flu vaccine at the same time.

The ones who should not get the flu vaccine are those who are less than six months old, as well as those who have had a severe allergic reaction to the flu vaccine before or the ingredients of the flu vaccine.

[MUSIC]