

THE MAIN DISH

Mon-Fri Breakfast 6:00am-10am
Lunch 11:00am- 2:30pm
Dinner/Late 7:00pm –11pm

Sat & Sun Breakfast 6:30am-10am
Lunch 11:00am-1:30pm

November 27,
2022 –
December 03,
2022

Monday

Soup: Corn Chowder
New England Baked Cod
Spaghetti/Meat Sauce

Tri-Colored Cauliflower
Sautéed Button Mushrooms
Roasted Garlic Asparagus
Rice Pilaf

Bread Pudding

Grill Special:

Saturday

Chef Choice

Tuesday

Soup: Southwest Tortilla
Braised Beef Tips
Meatloaf

Cream Style Corn
Vegetable Medley
Spanish Casserole
Mashed Potato

Apple Crisp

Bombay Chicken Sandwich

Sunday

Chef Choice

Wednesday

Soup: Chili
Fried Chicken
Glazed Ham

Roasted Butternut Squash
Stewed Tomatoes
Au Gratin Potatoes
Roasted Broccoli

Brownie

Thursday

Soup: Ham & Bean
Chimichurri Tilapia
Fried Pork Chop

Herb Rice
Sweet & Spicy Roasted
Brussels
Squash & Red Peppers
Sweet Potatoes Mash

Lemon Cheese Cake w
Blue Berries

Friday

Soup: White Chicken Chili
BBQ Ribs
Texas Style Brisket

Baked Beans
Smoked Gouda Mac &
Cheese
Hash Brown Casserole
Braised Cabbage

Blueberry Cobbler



2000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional nutrition information available upon request.

The Expo

Monday Bread Soup Bowl- Loaded Potato, Tomato Basil and Broccoli & Cheese

Tuesday Gyros

Wednesday Cheese Louis

Thursday Flat Top

Friday Spud Shack



2000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional nutrition information available upon request.