

# THE MAIN DISH

March 27<sup>th</sup> – 31<sup>st</sup>, 2023

Mon-Fri Breakfast 6:00am-10am  
 Lunch 11:00am- 3:00pm Dinner-  
 4pm-7pm Late 11pm-1am Sat &  
 Sun Breakfast 6:30am-10am Lunch  
 11:00am-1:30pm

## Meatless Monday

Soup: Chicken & Dumpling Soup: Southwest Tortilla

Balsamic Roasted  
 Portobello  
 Impossible Meatloaf  
 Green Beans  
 Roasted Cauliflower  
 Rice Pilaf  
 Red Roasted Potatoes

Apple Turnover

## Tuesday

Soup: Southwest Tortilla

Herb Grilled Chicken  
 Roast Beef  
 Zucchini & Squash  
 Grilled Asparagus  
 Sweet Peas  
 Mashed Potatoes

Peach Crisp

## Wednesday

Soup: Italian Wedding

Grilled Shrimp  
 Fried Chicken  
 Fried Okra  
 Braised Cabbage  
 Black-eyed Peas & Rice  
 Mac & Cheese

Cherry Cobbler

## Thursday

Soup: Lemon Chicken Orzo

Roast Turkey Breast  
 Baked Salmon  
 Cauliflower Au Gratin  
 Buttered Beans  
 Roasted Vegetables  
 Wild Rice

Blueberry Cobbler

## Friday

Soup: New England clam

**SMOKEHOUSE:**  
 BBQ Spare Ribs  
 Texas Style BBQ Brisket  
 Baked Beans  
 Charred Roasted Brussels  
 Honey Butter Corn on the  
 Cob  
 JoJo Wedges

Bread Pudding

## Saturday

Chef 's Choice

## Sunday

Chef's Choice

**Grill Specials:** Jammin' Jerk chicken Sandwich

## EXPO STATION:

**Monday**  
 Harvest

**Tuesday**  
 Verde: Frito Pie

**Wednesday**  
 Creole Queen

**Thursday**  
 Butcher's Block

**Friday**  
 Fish & Chippie



2000 calories a day is used for general nutrition advice, but calorie needs vary.  
 Additional nutrition information available upon request.