



Med Center Health®

[VIDEO TRANSCRIPT]

90 Seconds to Better Health – Title

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[MUSIC] [NARRATOR]

90 Seconds to Better Health, brought to you by Med Center Health, the largest healthcare provider in the region.

More than 40,000 Americans in 2022 received a life-saving organ transplant; but there are still far more people in need of a transplant than there are organs available. According to Donate Life America, while 95% of US adults support organ donation, only 54% are actual registered donors.

[BRACKETT]

Organ donation is a process. Anyone that wants to sign up to donate to donate their organs can do so via a registry. Anyone can be on a donor registry, regardless of age; and the Kentucky Organ Donor Affiliates help with a screening process to make sure you are clinically cleared to able to donate organs.

A lot of people immediate think of heart or lungs or kidneys; but now let's include tissue and eye. One donor can then contribute to over 75 adults. I think it's important that all communities and all people understand the importance of organ donation because of the number of people currently waiting for an organ – and that's 106,000 plus and counting. People are waiting for an organ right now. Today, 17 people will die while waiting for an organ

[MUSIC] [NARRATOR]

To learn more about how to become a member of the registry, go to [OrganDonor.gov](https://www.OrganDonor.gov).

[MUSIC]