



Med Center Health®

[VIDEO TRANSCRIPT]

90 Seconds to Better Health – Abdominal Aortic Aneurysm

[MUSIC] [NARRATOR]

90 Seconds to Better Health, brought to you by Med Center Health, the largest healthcare provider in the region.

An abdominal aortic aneurysm, or AAA, is an enlarged area in the lower part of the aorta.

[DR. DANAPAL]

In general, males are at risk greater than females, over the age of 65 or smokers, have a history of high blood pressure...family history has a very important role, as well. If the patient has these sort of risk factors, I would consider screening them for AAA.

[NARRATOR]

Depending on the size of the aneurysm and how fast it's growing, treatment varies from watchful waiting to emergency surgery.

[DR. DANAPAL]

A symptomatic patient could range from having severe low back pain or abdominal pain, and to the extreme extent it will be someone coming in to the ER with a ruptured aneurysm, unstable, bleeding in the abdomen. I think the key is early detection and treatment. We can handle most forms of AAA repair from simple endovascular to more complex endovascular repair and also the open repair. So, we are able to assess and determine who needs the repair and how it needs to be done. We do them right here at The Medical Center at Bowling Green.

[MUSIC] [NARRATOR]

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