

Priority Issue: Physical Health**Goals:**

- To provide education to the community to increase knowledge of healthy eating habits that can assist with reducing obesity.
- To provide education to the community on prevention and management of diabetes.
- To improve negative outcomes, to provide education on signs and symptoms of heart attack and stroke and steps to take if signs were to occur.
- To identify ways to provide counseling services for mental health.
- To continue to support organizations that provide treatment for mental health and substance use.

Community Partners:

- Barren River District Health Department
- Medicaid Managed Care Program/Case Management
- Med Center Health Primary Care Franklin
- Franklin Simpson Schools
- Local Industries
- Franklin Simpson Chamber of Commerce
- Med Center Health WorkLife Program
- BRIGHT Coalition
- Get Healthy Simpson County

Activities/Outcomes:**April 2025 Activities:**

- April 6, 2025: Social media post on access to healthcare with symptoms of a stroke, reached 187 people.
- April 7, 2025: Social media post on eating healthy to help prevent heart disease, reached 144 people.
- April 13, 2025: Social media post with education on warning signs of heart attack, reached 165 people.

May 2025 Activities:

- May 2025: Onboarded a licensed clinical social worker to provide both in person and telehealth mental health counseling services at Med Center Health Primary Care Franklin.
- May 3, 2025: Social media post on what to do with signs of stroke while using the Spanish stroke acronym with individuals who speak Spanish, reached 148 people.
- May 10 & 17, 2025: Social media post stating to call 911 with stroke symptoms, reached 120 & 181 people.
- May 18, 2025: Social media post emphasizing early treatment with heart attack symptoms, reached 204 people.
- May 22, 2025: Participated at a local industry health fair and provided blood pressure screenings and heart attack education. Approximately 40 screenings performed.
- May 22, 2025: Social media post promoting to seek a primary care provider to manage high blood pressure, reached 149 people.
- May 24, 2025: Social media post stating to contact 911 with signs of stroke, reached 122 people.
- May 28, 2025: Social media post discussing mental health well-being, reached 486 people.
- May 30, 2025: Social media post discussing acting F.A.S.T. to save a life during a stroke, reached 124 people.

June 2025 Activities:

- June 4 & 18, 2025: Social media post stating to contact 911 with signs of stroke, reached 141 & 125 people.
- June 8 2025: Social media post discussing Hands-Only CPR, reached 182 people.
- June 11, 2025: Social media post discussing risk factors of strokes, reached 109 people.
- June 14, 2025: Social media post discussing benefits of physical activity, reached 88 people.
- June 25, 2025: Social media post discussing symptoms of a stroke, reached 142 people.
- June 28, 2025: Social media post discussing heart attack symptoms, reached 148 people.

Priority Issue: Access to Care

Goals:

- To onboard additional primary care providers at the rural health clinic.
- To obtain Acute Heart Attack Ready Certification through The Joint Commission.
- To take steps in obtaining Trauma Level IV designation.

Community Partners:

- Med Center Health Primary Care Franklin
- National Stroke Association
- Barren River District Health Department
- Kentucky Heart Disease and Stroke Prevention Task Force
- American Heart Association and American College of Cardiology
- The Joint Commission
- Med Center Health
- American Trauma Society
- Kentucky State Trauma Registry
- Norton's Healthcare
- University of Louisville
- UK Healthcare
- AMN Healthcare

Activities/Outcomes:

May 2025 Activities:

- May 2025: Obtained Acute Heart Attack Ready Certification through The Joint Commission.
- May 19-21, 2025: Social media post marketing new primary care providers at Med Center Health Primary Care Franklin that were onboarded January 2025, reached 1273 people.

Priority Issue: Social Determinants of Health

Goals:

- To assist with providing education to patients and the community on available food resources.
- To work with community stakeholders to identify the possibility for additional local transportation services that could assist patients with having improved access to health options.

Community Partners:

- Barren River District Health Department
- City of Franklin
- Community Action
- LKLP of Medicaid
- Department of Community Based Services
- Room at the Inn
- Salvation Army
- St. Vincent De Paul
- Life's Better Together
- United Way
- National Research Center Health

Activities/Outcomes:

April 2025 Activities:

- April, 2025: Organized an resource booklet that includes food and other resources in surrounding counties that are being provided to all acute and swing bed patients being discharged needing resources.