



**THE MEDICAL CENTER AT ALBANY**  
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 606-387-1118  
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**THE MEDICAL CENTER AT CAVERNA**  
 1501 S. Dixie Street  
 Horse Cave, Kentucky 42749  
 270-786-2191

**THE MEDICAL CENTER AT FRANKLIN**  
 1100 Brookhaven Road  
 Franklin, Kentucky 42134  
 270-598-4682

**THE MEDICAL CENTER AT RUSSELLVILLE**  
 1625 Nashville Street  
 Russellville, Kentucky 42276  
 270-726-4011

**THE MEDICAL CENTER AT SCOTTSVILLE**  
 456 Burnley Road  
 Scottsville, Kentucky 42164  
 270-622-2800



**POST-ACUTE CARE  
 & COMPREHENSIVE  
 PHYSICAL REHABILITATION**



Helping patients transition  
 from hospital to home.



**OUR GOAL**

We help our patients reach their highest level of function and self-care. We want every patient to return home as independently as possible.



## HOW OUR TEAM HELPS YOU

A short hospital stay isn't always all that is needed for some patients. Our team approach to post-acute care allows qualifying patients to stay in the hospital longer. With additional care and rehabilitation, patients can be stronger and more independent when they go home.

Depending on the patient's needs, the team could include:

- Certified Activities Professionals
- Dietitians
- Nurses
- Occupational Therapists
- Pharmacists
- Physical Therapists
- Physicians
- Respiratory Therapists
- Social Workers
- Speech Therapists

Our team approach promotes our mission in caring for people and improving the quality of life in the communities we serve.

## WHO QUALIFIES?

Post-acute care is designed for patients who would benefit from additional medical care and/or rehabilitation in an acute care setting. In most cases, these are patients who have already been in the hospital for at least three nights.

Patients who qualify need one or more of these services as part of Post-Acute Care and Comprehensive Physical Rehabilitation:

- IV therapy
- Nutritional therapy
- Occupational therapy
- Peritoneal dialysis
- Physical therapy
- Psychiatric care
- Respiratory therapy
- Skin/wound care
- Speech therapy
- Sterile dressing changes

Finally, patients in the post-acute care program must be willing to take part in an active medical and physical rehabilitation program.

## WHY CHOOSE MED CENTER HEALTH POST-ACUTE CARE & COMPREHENSIVE PHYSICAL REHABILITATION?

- Healthcare best practices to improve your quality of life
- Telemedicine services to help you and your physicians stay connected with specialists and other non-local healthcare providers
- Southcentral Kentucky's largest provider of rehabilitation services
- Complete team approach to build your independence
- Open visitation policy and close to home so family members can visit at any time
- Hospital-based x-ray, lab, pharmacy, dietitian and nursing care
- Physicians available in-house 24/7



**"I can't say enough about the therapists and everyone here. They're so upbeat and encouraging. After a therapy session, you leave feeling like you can really do what you need to do."**

**STEVE BIRD, PATIENT**