

Chronic Disease Prevention and Management	CRSH Social Media/ Facebook Post	Educational post on the importance of a mammogram to help in prevention	10/2/2023	72 people reached and 3 post engagement	MCH Health and Wellness, National Stroke Association, Kentucky Heart Disease & Stroke Prevention Task Force	Increased awareness of risks associated with not getting an annual mammogram in honor of breast cancer awareness month
Chronic Disease Prevention and Management	CRSH Social Media/ Facebook Post	Education post about the signs and symptoms of Stroke. Link provided with website discussing signs and symptoms of stroke	10/4/2023	66 people reached and 1 post engagement	MCH Health and Wellness, National Stroke Association, Kentucky Heart Disease & Stroke Prevention Task Force	Increased awareness of signs and symptoms of stroke. Also education to call EMS when signs or symptoms appear
Chronic Disease Prevention and Management	CRSH Social Media/ Facebook Post	Educational post on CDC education related to breast cancer	10/6/2023	54 people reached and 1 post engagement	MCH Health and Wellness, National Stroke Association, Kentucky Heart Disease & Stroke Prevention Task Force	Increased awareness of risks associated with not getting an annual mammogram in honor of breast cancer awareness month
Chronic Disease Prevention and Management	CRSH Social Media/ Facebook Post	Educational post on risk factors for Breast Cancer	10/11/2023	56 people reached and 1 post engagement	MCH Health and Wellness, National Stroke Association, Kentucky Heart Disease & Stroke Prevention Task Force	Increased awareness of risk factors for breast cancer in honor of breast cancer awareness month
Chronic Disease Prevention and Management	CRSH Social Media/ Facebook Post	Education post about the signs and symptoms of Stroke. Link provided with website discussing signs and symptoms of stroke	10/12/2023	62 people reached and 1 post engagement	MCH Health and Wellness, National Stroke Association, Kentucky Heart Disease & Stroke Prevention Task Force	Increased awareness of signs and symptoms of stroke. Also education to call EMS when signs or symptoms appear
Chronic Disease Prevention and Management	CRSH Social Media/ Facebook Post	Education on when to call 911 should someone suffer cardiac arrest, and how to start CPR if that should happen	10/17/2023	67 people engaged and 0 post engagement	MCH Health and Wellness, National Stroke Association, Kentucky Heart Disease & Stroke Prevention Task Force	Increased awareness of hands-only CPR and cardiac arrest
Chronic Disease Prevention and Management	CRSH Social Media/ Facebook Post	Education regarding lung cancer screening	10/18/2023	72 people reached and 1 post engagement	MCH Health and Wellness, National Stroke Association, Kentucky Heart Disease & Stroke Prevention Task Force	Increased awareness of importance of lung cancer awareness if you have risk factors for lung cancer
Chronic Disease Prevention and Management	CRSH Social Media/ Facebook Post	Educational post on the importance of a mammogram to help in prevention	10/20/2023	72 people reached and 2 post engagement	MCH Health and Wellness, National Stroke Association, Kentucky Heart Disease & Stroke Prevention Task Force	Increased awareness of risks associated with not getting an annual mammogram in honor of breast cancer awareness month
Chronic Disease Prevention and Management	CRSH Social Media/ Facebook Post	Information on how to register to become an organ donor, and the number of people on lung transplant waiting list	10/27/2023	72 people reached and 1 post engagement	MCH Health and Wellness, National Stroke Association, Kentucky Heart Disease & Stroke Prevention Task Force	Increased awareness of importance of registering to become an organ donor and its relationship to lung disease

Chronic Disease Prevention and Management	CRSH Social Media/ Facebook Post	Education post about the signs and symptoms of Stroke. Link provided with website discussing signs and symptoms of stroke	10/29/2023	68 people reached and 0 post engagement	MCH Health and Wellness, National Stroke Association, Kentucky Heart Disease & Stroke Prevention Task Force	Increased awareness of signs and symptoms of stroke. Also education to call EMS when signs or symptoms appear
Chronic Disease Prevention and Management	CRSH Social Media/ Facebook Post	Education on importance of registering to be an organ donor, and how Native Americans are affected by the need of kidney transplants	11/1/2023	44 people reached and 1 post engagement	MCH Health and Wellness, National Stroke Association, Kentucky Heart Disease & Stroke Prevention Task Force	Increased awareness on importance of registering to become an organ donor, and affect transplant needs have on Native American community
Chronic Disease Prevention and Management	CRSH Social Media/ Facebook Post	Education regarding lung cancer screening	11/6/2023	48 people reached and 1 post engagement	MCH Health and Wellness, National Stroke Association, Kentucky Heart Disease & Stroke Prevention Task Force	Increased awareness of importance of lung cancer awareness if you have risk factors for lung cancer
Chronic Disease Prevention and Management	CRSH Social Media/ Facebook Post	Education regarding smoking as being the number one cause of lung cancer and how to quit smoking	11/7/2023	42 people reached and 1 post engagement	MCH Health and Wellness, National Stroke Association, Kentucky Heart Disease & Stroke Prevention Task Force	Increased awareness on importance of quitting smoking and its relationship to decreased risk of lung cancer
Chronic Disease Prevention and Management	CRSH Social Media/ Facebook Post	Education from American Heart Association on risks that diabetes can increase the risk for heart disease.	11/8/2023	71 people reached and 1 post engagement	MCH Health and Wellness, National Stroke Association, Kentucky Heart Disease & Stroke Prevention Task Force	increase awareness on how diabetes increases risks for cardiac disease
Chronic Disease Prevention and Management	CRSH Social Media/ Facebook Post	Education regarding how vaping is as bad for you as smoking and increases your risks of lung cancer	11/9/2023	42 people reached and 1 post engagement	MCH Health and Wellness, National Stroke Association, Kentucky Heart Disease & Stroke Prevention Task Force	Increased awareness on risks vaping poses in regard to lung cancer
Chronic Disease Prevention and Management	CRSH Social Media/ Facebook Post	Education regarding Ion Robot navigational bronchoscopy and how it can help to find lung cancer in airways	11/13/2023	49 people reached and 0 post engagement	MCH Health and Wellness, National Stroke Association, Kentucky Heart Disease & Stroke Prevention Task Force	Increased awareness of lung cancer risks and tools that MCH possesses in order to help treat lung cancer
Chronic Disease Prevention and Management	CRSH Social Media/ Facebook Post	Education regarding how smoking increase risks for lung cancer	11/15/2023	46 people reached and 1 post engagement	MCH Health and Wellness, National Stroke Association, Kentucky Heart Disease & Stroke Prevention Task Force	Increased awareness on importance of quitting smoking and its relationship to decreased risk of lung cancer
Chronic Disease Prevention and Management	CRSH Social Media/ Facebook Post	Education that lung cancer is the number one cause of cancer deaths in the US and that quitting smoking is the easiest way to decrease risk	11/26/2023	64 people reached and 1 post engagement	MCH Health and Wellness, National Stroke Association, Kentucky Heart Disease & Stroke Prevention Task Force	Increased awareness on importance of quitting smoking and its relationship to decreased risk of lung cancer

Chronic Disease Prevention and Management	CRSH Social Media/ Facebook Post	Education regarding eye donation and how to register to become an organ donor	11/19/2023	77 people reached and 1 post engagement	MCH Health and Wellness, National Stroke Association, Kentucky Heart Disease & Stroke Prevention Task Force	Increased awareness of importance of organ donation and how to register
Chronic Disease Prevention and Management	CRSH Social Media/ Facebook Post	Education on how to quit smoking and resources related to it	11/20/2023	61 people reached and 2 post engagements	MCH Health and Wellness, National Stroke Association, Kentucky Heart Disease & Stroke Prevention Task Force	Increased awareness on how to quit smoking
Chronic Disease Prevention and Management	CRSH Social Media/ Facebook Post	Education regarding how to learn to do hands-only CPR	11/21/2023	88 people reached and 3 post engagements	MCH Health and Wellness, National Stroke Association, Kentucky Heart Disease & Stroke Prevention Task Force	Increased awareness on importance of knowing how to do hands-only CPR and when to use it
Chronic Disease Prevention and Management	CRSH Social Media/ Facebook Post	Education on s/s of stroke and when to call 911	11/24/2023	95 people reached and 2 post engagements	MCH Health and Wellness, National Stroke Association, Kentucky Heart Disease & Stroke Prevention Task Force	Importance of knowing s/s of stroke
Chronic Disease Prevention and Management	CRSH Social Media/ Facebook Post	Education on s/s of a heart attack	12/3/2023	83 people reached and 2 post engagements	MCH Health and Wellness, National Stroke Association, Kentucky Heart Disease & Stroke Prevention Task Force	Importance of knowing s/s of heart attack
Chronic Disease Prevention and Management	CRSH Social Media/ Facebook Post	Education regarding how smoking increases risks of heart and vascular disease	12/6/2023	61 people reached and 0 post engagement	MCH Health and Wellness, National Stroke Association, Kentucky Heart Disease & Stroke Prevention Task Force	Importance of quitting smoking to decrease risks of heart and vascular disease and effects that second hand smoke has on others
Chronic Disease Prevention and Management	CRSH Social Media/ Facebook Post	Education on how many people are waiting for a heart transplant and how to register to become an organ donor	12/10/2023	88 people reached and 0 post engagements	MCH Health and Wellness, National Stroke Association, Kentucky Heart Disease & Stroke Prevention Task Force	Increased awareness of importance of organ donation and how to register
Chronic Disease Prevention and Management	CRSH Social Media/ Facebook Post	Education on s/s of stroke and when to call 911	12/14/2023	88 people reached and 1 post engagement	MCH Health and Wellness, National Stroke Association, Kentucky Heart Disease & Stroke Prevention Task Force	Importance of knowing s/s of stroke
Chronic Disease Prevention and Management	CRSH Social Media/ Facebook Post	Education regarding seasonal changes that can lead to Seasonal Affective Disorder and how to seek help	12/20/2023	44 people reached and 3 post engagements	MCH Health and Wellness, National Stroke Association, Kentucky Heart Disease & Stroke Prevention Task Force	Importance of knowing the signs/symptoms of SAD and how to get treatment

Chronic Disease Prevention and Management	CRSH Social Media/ Facebook Post	Education on s/s of stroke and when to call 911	12/28/2023	126 people reached and 3 post engagements	MCH Health and Wellness, National Stroke Association, Kentucky Heart Disease & Stroke Prevention Task Force	Importance of knowing s/s of stroke
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