

DIZZY EVALUATION

Name: _____ Date: _____

When did your dizziness first occur? _____

A. Circle YES or NO and Specify if indicated

- | | | |
|--|-----|----|
| 1. My dizziness is constant | Yes | No |
| 2. My dizziness comes in attacks. If in attacks, how often _____
How long do they last? _____ | Yes | No |
| 3. Can you tell when an attack is about to start? | Yes | No |
| 4. Does change of position make you dizzy? | Yes | No |
| 5. Do you have trouble walking in the dark? | Yes | No |
| 6. When you are dizzy, can you stand up unsupported? | Yes | No |
| 7. Are you completely free of dizziness between attacks? | Yes | No |
| 8. Do you know the possible cause of your dizziness?
If yes, what? _____ | Yes | No |
| 9. Do you know anything that will: | | |
| • Cause an attack | Yes | No |
| • Stop your dizziness or make it better? | Yes | No |
| • Make your dizziness worse? | Yes | No |
| 10. Were you exposed to any irritating fumes or gases? | Yes | No |
| 11. Do you have any allergies? | Yes | No |
| 12. Did you ever injure your head? If yes, were you unconscious? _____ | Yes | No |
| 13. Do you take any medications regularly? If yes, what? _____
_____ | Yes | No |
| 14. Do you smoke? If yes, how much? _____ | Yes | No |

B. When dizzy, do you experience any of the following?

- | | | |
|---|-----|----|
| 1. Lightheadedness | Yes | No |
| 2. Swimming sensation in head | Yes | No |
| 3. Objects spinning around you | Yes | No |
| 4. Sensation that you are spinning, with outside objects remaining stationary | Yes | No |
| 5. Tendency to fall – which way _____ | Yes | No |
| 6. Loss of balance when walking – to the right or left _____ | Yes | No |
| 7. Headache | Yes | No |
| 8. Nausea or vomiting | Yes | No |
| 9. Pressure in the head | Yes | No |

C. Do you experience any of the following?

- | | | | | | |
|--|-----|----|-----------|-------|------|
| 1. Difficulty in hearing | Yes | No | Both ears | Right | Left |
| 2. Noise in your ears – If yes, describe:
_____ | Yes | No | Both Ears | Right | Left |
| 3. Fullness in your ears | Yes | No | Both Ears | Right | Left |
| 4. Pain in your ears | Yes | No | Both Ears | Right | Left |
| 5. Discharge from your ears | Yes | No | Both Ears | Right | Left |

D. Do you experience any of the following?

- | | | | | |
|---------------------------------------|-----|----|----------|-------------|
| 1. Double Vision | Yes | No | Constant | In episodes |
| 2. Numbness of face or extremities | Yes | No | Constant | In episodes |
| 3. Blurred Vision or blindness | Yes | No | Constant | In episodes |
| 4. Weakness in arms or legs | Yes | No | Constant | In episodes |
| 5. Clumsiness in arms or legs | Yes | No | Constant | In episodes |
| 6. Confusion or loss of consciousness | Yes | No | Constant | In episodes |
| 7. Difficulty with speech | Yes | No | Constant | In episodes |
| 8. Difficulty with swallowing | Yes | No | Constant | In episodes |

E. Family History

1. Do you or a member of your family have a hearing loss? If yes, what type? Yes No

2. Do you or a member of your family have dizzy problems? If yes, what is the cause? Yes No

3. Do you or a member of your family have any of the following:
- Meniere's Disease Yes No
 - Acoustic Neuroma Yes No
 - Otosclerosis Yes No
 - Middle Ear Fluid Yes No
 - Perforated Eardrum Yes No
 - Multiple Sclerosis Yes No
 - Hearing Loss due to age Yes No
 - Sudden Nerve Hearing loss Yes No
 - Other _____

F. Head Injury

1. Have you ever been knocked unconscious? If yes, How? _____ Yes No

2. Do you have or have you ever had any of the following?
- Whiplash Yes No
 - Skull Fracture Yes No
 - Neck Injury Yes No
 - Back Injury Yes No
 - Eye Problems Yes No
 - Other _____

G. Ototoxic Drug History

1. Have you taken any of the following? If yes, list quantity and duration
- Neomycin Quantity _____ How Long _____ Yes No
 - Streptomycin Quantity _____ How Long _____ Yes No
 - Kanamycin Quantity _____ How Long _____ Yes No
 - Quinine Quantity _____ How Long _____ Yes No
 - Aspirin Quantity _____ How Long _____ Yes No
 - Diuretics Quantity _____ How Long _____ Yes No
 - Arthritic Medications Quantity _____ How Long _____ Yes No
 - Other Quantity _____ How Long _____ Yes No

H. Ear Operations/Other

1. Have you ever had any of the following?
- Tubes in the ears Yes No
 - Mastoid Surgery Yes No
 - Eardrum Surgery Yes No
 - Stapedectomy Yes No
 - Neck Surgery Yes No
 - Back Surgery Yes No
 - Discharge from the ear Yes No
 - Head Pain Yes No
 - Facial Pain Yes No