



## DIZZY EVALUATION

Name: \_\_\_\_\_ Date: \_\_\_\_\_

When did your dizziness first occur? \_\_\_\_\_

### A. Circle YES or NO and Specify if indicated

- |  |     |    |
|--|-----|----|
| 1. My dizziness is constant  | Yes | No |
| 2. My dizziness comes in attacks. If in attacks, how often _____<br>How long do they last? _____ | Yes | No |
| 3. Can you tell when an attack is about to start?  | Yes | No |
| 4. Does change of position make you dizzy?   | Yes | No |
| 5. Do you have trouble walking in the dark?  | Yes | No |
| 6. When you are dizzy, can you stand up unsupported?   | Yes | No |
| 7. Are you completely free of dizziness between attacks?   | Yes | No |
| 8. Do you know the possible cause of your dizziness?<br>If yes, what? _____                      | Yes | No |
| 9. Do you know anything that will:   |     |    |
| • Cause an attack  | Yes | No |
| • Stop your dizziness or make it better?   | Yes | No |
| • Make your dizziness worse?   | Yes | No |
| 10. Were you exposed to any irritating fumes or gases?   | Yes | No |
| 11. Do you have any allergies?   | Yes | No |
| 12. Did you ever injure your head? If yes, were you unconscious? _____                           | Yes | No |
| 13. Do you take any medications regularly? If yes, what? _____<br>_____                          | Yes | No |
| 14. Do you smoke? If yes, how much? _____  | Yes | No |

### B. When dizzy, do you experience any of the following?

- |   |     |    |
|---|-----|----|
| 1. Lightheadedness  | Yes | No |
| 2. Swimming sensation in head   | Yes | No |
| 3. Objects spinning around you  | Yes | No |
| 4. Sensation that you are spinning, with outside objects remaining stationary | Yes | No |
| 5. Tendency to fall - which way _____   | Yes | No |
| 6. Loss of balance when walking - to the right or left _____                  | Yes | No |
| 7. Headache   | Yes | No |
| 8. Nausea or vomiting   | Yes | No |
| 9. Pressure in the head   | Yes | No |

### C. Do you experience any of the following?

- |   |     |    |           |       |      |
|---|-----|----|-----------|-------|------|
| 1. Difficulty in hearing                        | Yes | No | Both ears | Right | Left |
| 2. Noise in your ears - If yes, describe: _____ | Yes | No | Both ears | Right | Left |
| 3. Fullness in your ears                        | Yes | No | Both ears | Right | Left |
| 4. Pain in your ears                            | Yes | No | Both ears | Right | Left |
| 5. Discharge from your ears                     | Yes | No | Both ears | Right | Left |

**D. Do you experience any of the following?**

1. Double Vision	Yes	No	Constant	In episodes
2. Numbness of face or extremities	Yes	No	Constant	In episodes
3. Blurred Vision or blindness	Yes	No	Constant	In episodes
4. Weakness in arms or legs	Yes	No	Constant	In episodes
5. Clumsiness in arms or legs	Yes	No	Constant	In episodes
6. Confusion or loss of consciousness	Yes	No	Constant	In episodes
7. Difficulty with speech	Yes	No	Constant	In episodes
8. Difficulty with swallowing	Yes	No	Constant	In episodes

**E. Family History**

1. Do you or a member of your family have a hearing loss? If yes, what type?	Yes	No
2. Do you or a member of your family have dizzy problems? If yes, what is the cause?	Yes	No
3. Do you or a member of your family have any of the following:		
• Meniere's Disease	Yes	No
• Acoustic Neuroma	Yes	No
• Otosclerosis	Yes	No
• Middle Ear Fluid	Yes	No
• Perforated Eardrum	Yes	No
• Multiple Sclerosis	Yes	No
• Hearing Loss due to age	Yes	No
• Sudden Nerve Hearing loss	Yes	No
• Other _____		

**F. Head Injury**

1. Have you ever been knocked unconscious? If yes, How? _____	Yes	No
2. Do you have or have you ever had any of the following?		
• Whiplash	Yes	No
• Skull Fracture	Yes	No
• Neck Injury	Yes	No
• Back Injury	Yes	No
• Eye Problems	Yes	No
• Other _____		

**G. Ototoxic Drug History**

1. Have you taken any of the following? If yes, list quantity and duration		
• Neomycin	Quantity _____ How Long _____	Yes No
• Streptomycin	Quantity _____ How Long _____	Yes No
• Kanamycin	Quantity _____ How Long _____	Yes No
• Quinine	Quantity _____ How Long _____	Yes No
• Aspirin	Quantity _____ How Long _____	Yes No
• Diuretics	Quantity _____ How Long _____	Yes No
• Arthritic Medications	Quantity _____ How Long _____	Yes No
• Other	Quantity _____ How Long _____	Yes No

**H. Ear Operations/Other**

1. Have you ever had any of the following?		
• Tubes in the ears	Yes	No
• Mastoid Surgery	Yes	No
• Eardrum Surgery	Yes	No
• Stapedectomy	Yes	No
• Neck Surgery	Yes	No
• Back Surgery	Yes	No
• Discharge from the ear	Yes	No
• Head Pain	Yes	No
• Facial Pain	Yes	No